

Holographic Repatterning: *An exciting new healing technique!!*

by Dian McCourtney, H.H.P.

After nearly 20 years of exploring the field of alternative healing modalities, both as a client and practitioner, and JUST when I thought I had seen it all, an amazing new healing process grabbed my attention in a big way! The process is called HOLOGRAPHIC REPATTERNING and has been introduced to many of us here in Fort Collins by its creator, Chloe Wordsworth. Chloe is an amazing, charming and most talented woman who has miraculously drawn together many modes of healing and synthesized them into a method for accessing the unconscious mind. This allows us to uncover energy constrictions and survival perceptions that create blocks to our highest possibilities. We can discover information about ourselves that may have come from the birth process, pre-birth or pre-verbal experiences as well as the usual consciously traumatic times in our lives. These experiences (unconsciously) affect our behavior, feelings, relationships and health for our life-time! For example, one client discovered a pre-natal experience shock when her parents were in a car accident during the mother's third trimester. The constricted energy that allowed her to reduce her terror was never resolved, and it was recapitulated throughout her life as an inability to move forward to attain her goals; she continued to be frozen with fear and in many ways she was still in "shock". Only when her response was repatterned was her optimal frequency re-established so she could move into action in relation to her health and her goals.

HOLOGRAPHIC REPATTERNING uses a scientific understanding of the hologram and of new physics and muscle checking based on Applied Kinesiology as a tool to access information. Through a detailed 6 step process, information is gathered to create a picture the client needs to understand the issue that needs repatterning. Specific healing modalities are then muscle checked and a particular combination of methods are combined to re-establish the optimal wave pattern frequency of the body-mind system. These healing modalities can be anything from breathing patterns or specific sounds to eye movements, acupressure points, body movements, tuning forks, and much more.

Chloe Wordsworth has taught Holographic Repatterning classes in Fort Collins for several years now thanks to Patricia Gallant, a Certified Holographic Repatterner who has a background in Public Health and psychology and has been a private practice psychologist for 20 years. Patricia and Chloe met many years ago on the East Coast when Chloe was teaching polarity therapy and Patricia was learning new modalities to add to her skills as a therapist. As fate would have it, they met up a number of years later in Arizona, where Patricia was introduced to the repatterning work. She immediately knew that this was the direction she wanted to go in, so she began networking and organizing seminars here in Fort Collins to share the information. Patricia's excitement and enthusiasm for

Holographic Repatterning is revealed in her experiences in working with herself and with others. She states that, because of the direct access to the unconscious, she has seen "the equivalent of three years of traditional psychotherapy take place in one Holographic Repatterning session."

Helen Peak was magnetically attracted to find out about Holographic Repatterning as a way of self-healing. Helen has a career background as a Certified Massage Therapist, a Yoga instructor and LRT Sponsored Rebirther. Helen has been relieved of chronic back pain and a severe allergy to cats. Emotionally, she has healed pent up anger and rage as well as a multitude of unconscious patterns which had been directing her life. "My true self has emerged" states Helen, "and this allows me to love myself more and express my love more fully." Helen is a Certified Holographic Repatterner and will be teaching the Fundamentals of Holographic Repatterning as well as giving introduction talks on a regular basis.

As I put in hours toward my own certification, I am amazed and delighted at the ways I have been able to assist my family members, my clients, and myself! Holographic Repatterning allows me to continually work on myself by removing mental blocks, physical pain, emotional energy constrictions, and all the "stuff" of life that impedes grace and ease.

You do not have to have problems to use Holographic Repatterning.



Patricia Gallant and Helen Peak demonstrate the use of tuning forks as one of the many healing modalities used during a Holographic Repatterning session.

Holographic Repatterning can be used simply for your own self healing, or you can use it on animals, babies and children of any age, with groups, corporations, and for success in sports or anything else you want to succeed in!

I invite you to drop in on the introductory talks with Helen Peak, (see calendar listings) or to call Patricia Gallant at 229-0365 for more details. Also please check this directory for the names of the many practioners in the area. HAPPY HEALING!

Dian McCourtney has been an integrative body work therapist specializing in Reichian Therapy since 1974. She received her Holistic Health Practioners degree from Energenesis Institute in Santa Monica, California, and co-founded a growth center and private school in Ojai, California in 1979. She and her husband, Patrick McNeal have co-founded Energy Techniques, a business dedicated to the research and development of alternative energy resources and healthy ways of living happily on the Earth.

