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A VISION FOR EXTRAORDINARY OUTCOMES

By Chloe Faith Wordsworth

Thinking about **what** allows us to create extraordinary outcomes I created the following equation:

$$\text{Being+Resistance+Vision+Intention+Right Action} \\ = \text{Extraordinary Outcome}$$

Picture a beautiful flock of geese on a lake. The beating of their wings meets the resistance of the air and they begin to rise from the water. The geese have a vision of where they want to go and they have the intention of flying to get there. Their right action is to move their wings and this leads to the extraordinary outcome of flight.

What is the force that activates *our* potential for extraordinary outcomes? It is resistance or a force we come up against — what most people choose to call “stress” or a “problem.” Life in the physical body cannot exist without this force we call resistance. The air is the force the bird’s wing comes up against that allows it to fly. The ground is the force our feet come up against that allows us to walk. Water is the force that fish come up against that allows them to swim. Resistance, or the force we come up against, activates potential.

There are two experiments that illustrate different reactions to encountering resistance. The first is an unpleasant experiment in which the researchers put non-swimming rats in water to see if they would learn to swim. Each day the rats thrashed around until the researchers pulled them out to save them from drowning. After three weeks, all the rats had died. Autopsies indicated that these young rats had aged prematurely. The researchers’ interpretation of their experiment was that the rats had aged and died from stress.

The second experiment points the way to more inspiring possibilities. Some wingless insects were left to die on a dead bush after a research project was complete. To the amazement of the researchers, the insects grew **wings** and flew away. Why did the rats not relax and float or move their feet and swim? How did the wingless insects, also faced with death, find a new possibility?

continued on Page 3



Vision Teams Created

All committees that are working on behalf of the HR Association are called "Vision Teams." The head of the team is called the "Vision Holder." The idea is that a Vision Holder is in that position because the work brings them bliss. When the work is no longer energizing, they move out of the position to let another member take over.

The current Vision Teams are: Finance, Office Relocation, By-Laws, Conference, Website, Organizers, Teacher Training, Newsletter, Promotion, International, Grants and Funding, and Good Works. The Council and Vision Teams are committed to using the HR process in all of our meetings. We are energized by the prospect of combining our talents to support the growth of HR around the world.

One of the points that Chloe made at the conference was the necessity of being totally energized by what you are doing. It is not enough to just say, "OK, I'll do it," but rather to say, "I would love to do it." This distinction makes all the difference. When you are being energized by accomplishing a goal, it doesn't feel like work.

The Vision Teams have been assembled with this intention. We are putting it out to the membership. Do any of these categories energize you? If so, we need you. Please contact Dorinda Hartson at 602-596-0180 or e-mail: dorindalee@aol.com. A high priority right now are the Vision Teams for "promotion" and "fundraising." If this is your bliss, please contact us immediately.

A Vision for Extraordinary Outcomes

continued from Page 1

What allows us to use resistance or the forces we come up against to activate our potential? The only way we can activate our potential is through VISION. Faced with resistance or problems, vision shows us what is possible. With Vision we manage to maintain a sense of our true nature and purpose, whatever the impossibility of our circumstances. Vision is life energy directed towards an overall higher purpose and perspective.

However, vision by itself is not enough. A bird may be surrounded by air and have a vision in its genes of life in flight and yet not fly. Vision must be aligned with intention, which is the blueprint, the plan, the rules of the game, the aim that determines actions and outcomes. We also need right action, aligned with vision and intention that we resonate with, to activate our potential and make the "impossible" possible.

The rats died because they failed to use the resistance of the water to activate their potential for an extraordinary outcome called swimming or floating. They had no vision of life in water and no intention to support an aim to swim, so they went into "wrong" action — thrashing around. Most of us, faced with life's stressors, fail to use the resistance life offers us to activate our potential and we too thrash around like rats.

Norman Cousins, when faced with the "force" of a fatal illness, moved into a vision of health with the intention that he and his wife were "going to lick it." He then moved into right action which was watching funny movies and laughing. He was cured within one year.

Step #2 of the HR 6-step process asks about "the problem." This language is incorrect. Step #2 is the resistance, challenge or force that we are facing that, if correctly used, can activate our potential for extraordinary outcomes. The system of HR helps us to activate extraordinary outcomes in our relationships, health, work and life, and it allows us to help others do the same in their lives.

Continued on page 4



A Vision for Extraordinary Outcomes

Continued from Page 3

There are always forces to be faced—there is always the next level of resistance that challenges us to manifest the power of our true nature. When we meet these forces while resonating with vision, intention and right action, we activate our potential for yet greater movement, growth and life energy.

The same forces we meet as individuals are also met by groups of people, corporations and associations. Groups that activate their potential have vision, intention and right actions that activate the potential for more life energy within the group.

As an Association of people doing HR, we must return to basics and ask ourselves, "What is our vision?" "What are our aims?" "What is my own or our group's right action?"

THE FLOCK OF GESE ADDS 71 PERCENT MORE FLYING POWER THAN IF EACH BIRD FLEW ALONE.

The Pattern of Power

Geese fly in a pattern of power. As we know, they always fly in a "V" formation. The reason for this formation is that the movement of each bird's wing creates an updraft for the bird immediately behind. In this way, the flock adds 71 percent more flying power than if each bird flew on its own. As the geese fly, they make "honking" sounds that energize and encourage the rest of the group. This flying pattern enables them to achieve their vision more efficiently, to reach the safe place for the winter that one alone goose might not be able to achieve. This is the "pattern of power" — the right action that "makes the impossible possible."

It is a core principle in physics that all beings are interdependent—as opposed to being independent or co-dependent. We all benefit when we work together and support each other towards the vision, aims and actions we share in common. The pattern of power is greater coherence with a higher level of love. When we entrain with the same elevated vision, our energy and love are magnified.

The Vision

The world is in desperate straits and HR is a tool for positive, global change. My vision in developing HR was and continues to be that anyone who is interested can learn and use the HR process for themselves in any area of their life to identify what is life-depleting or non-coherent and to transform this into what is life-enhancing or coherent. This method of positive transformation can also be used for the benefit of others. Imagine large numbers of people around the globe doing HR on themselves, family members, friends, clients, support groups, corporations, in hospitals and clinics, in prisons and schools. This is the potential we have to transform negative resonance to the positive and create extraordinary outcomes for our world. A key part of the vision for HR for the future includes outreach into the community for research, education and humanitarian concerns.

The Intention

What is the intention necessary to bring this vision into full manifestation? As HR reaches out to more and more people, what we will need to support this global vision will grow and change. As HR grows, similar to any living organism, there is increased complexity in the number of roles and functions needed. The various actions that will support a strong foundation for growth begin to multiply.

- ♦ Resources are needed — materials, money, people.
- ♦ Training is needed for those filling the various roles that will make this vision a reality.
- ♦ Standards need to be identified and maintained.
- ♦ Integrity needs to be monitored and upheld
- ♦ There must be some form of organization to coordinate and support the many areas for right action to keep us aligned with our vision.